



...where breakfast, lunch and learning don't take a summer break....

## WHAT IS ENERGY EXPRESS ALL ABOUT?

### The Problem – Summer Decline in Well-Being

- During the summer many children lose reading skills.
- Without school breakfast and lunch, many children lose nutritional well-being.
- Many children have few structured learning opportunities.

Children often fall behind during the summer months, starting each school year behind where they were the previous spring. Successive summers of limited learning opportunities may cause children to fall below grade level by the end of elementary school—putting them further and further behind.

### The Answer – Energy Express

Energy Express is a summer program promoting the school success of children across West Virginia by:

- Providing summer learning experiences focused on reading.
- Serving two nutritious family-style meals each day.
- Engaging college students in service through AmeriCorps.
- Developing strong partnerships involving parents, schools, communities, and state agencies and organizations.

Small groups of eight children who are entering first through sixth grades work with college students serving as mentors. They guide the children through experiences that encourage and make reading meaningful in their lives—creating books, reading aloud, writing, reading one-on-one with volunteers, and exploring creative and exciting art activities.

Weekly themes encourage children to appreciate themselves, their personal experiences, and their place in the world. Each week every child receives a free take-home book.

Mentors and children share breakfast and lunch served family-style. These nutritious meals become important learning experiences as children learn to make choices, to assume responsibility, to cooperate, and to encourage in-group discussions.

Over the years children maintained and often showed significant increases in reading skills as a result of Energy Express.

#### **DATES (No Program on July 4)**

**Salem International - June 22 – July 31, from 9:00 am to 12:30 pm**  
**North View and Wilsonburg - June 22 - July 24 from 8:00 am – 12:30 pm**

Harrison County Parks and Recreation is offering a free extended day. Participants are welcome to join the summer playground program after lunch to 5:30 pm. HCPRC Staff will also supervise children from 7:30 am for the convenience of parents dropping off children. Energy Express, breakfast, lunch, playground program and the extended day are free of charge. **ENERGY EXPRESS HAS LIMITED OPENINGS. [CLICK HERE](#) TO DOWNLOAD AN APPLICATION AND RETURN IT TO HARRISON COUNTY PARKS AND RECREATION at 43 Recreation Dr., Clarksburg, WV 26301.**

**SITES: NORTH VIEW ELEMENTARY (May relocate to due to maintenance to EMMANUEL CHRISTIAN SCHOOL)**  
**SALEM INTERNATIONAL UNIVERSITY                      WILSONBURG ELEMENTARY**